

Winners Versus Losers

- Session 1: Introduction
- Session 2: WINNERS: Say, If It Is to Be, It Is Up to Me
LOSERS: Say, It Is What It Is
- Session 3: WINNERS: Translate Dreams into Reality
LOSERS: Translate Reality into Dreams
- Session 4: WINNERS: Empower
LOSERS: Control
- Session 5: WINNERS: Say, Let's Find Out
LOSERS: Say, Nobody Knows
- Session 6: WINNERS: Are Part of the Solution
LOSERS: Are Part of the Problem
- Session 7: WINNERS: Are Not Afraid of Losing
LOSERS: Are Afraid of Winning
- Session 8: WINNERS: Work Harder Than Losers
LOSERS: Are Always Busy
- Session 9: WINNERS: Say, I Was Wrong
LOSERS: Say, It Was Not My Fault
- Session 10: WINNERS: Want To
LOSERS: Have To
- Session 11: WINNERS: Always Make Time
LOSERS: Often Waste Time
- Session 12: WINNERS: Make Commitments
LOSERS: Make Promises
- Session 13: WINNERS: Say, I'll Plan to Do That
LOSERS: Say, I'll Try to Do That
- Session 14: WINNERS: Say, I'm Good, but Not as Good as I Can Be
LOSERS: Say, I'm Not as Bad as Other People
- Session 15: WINNERS: Listen to What Others Say
LOSERS: Never Stop Talking
- Session 16: WINNERS: Catch Others Doing the Right Things
LOSERS: Catch Others Doing the Wrong Things
- Session 17: WINNERS: Learn from Others
LOSERS: Resent Their Colleagues

Winners Versus Losers

- Session 18: WINNERS: See Opportunities
LOSERS: See Only the Problems
- Session 19: WINNERS: Do It
LOSERS: Talk about It
- Session 20: WINNERS: Feel Responsible for More than Their Jobs
LOSERS: Frequently State, I Only Work Here
- Session 21: WINNERS: Say, There Ought to Be a Better Way
LOSERS: Say, That's the Way We Have Always Done It
- Session 22: WINNERS: Celebrate Others
LOSERS: Complain about Others
- Session 23: WINNERS: Are Willing to Pay the Price
LOSERS: Expect It on a Silver Platter
- Session 24: WINNERS: Always Expect Success
LOSERS: Always Expect Failure
- Session 25: WINNERS: See a Crisis as an Opportunity
LOSERS: See a Crisis as an Excuse for Failure
- Session 26: WINNERS: Follow Through on Their Commitments
LOSERS: Quit if Things Don't Go Easily
- Session 27: WINNERS: View Fear as Something to Overcome
LOSERS: Let Fear Control Their Decisions
- Session 28: WINNERS: Continuously Improve Themselves
LOSERS: Neglect Personal Development
- Session 29: WINNERS: Set Clear Goals and Act on Them
LOSERS: Fly by the Seat of Their Pants
- Session 30: WINNERS: Are Proactive
LOSERS: Are Reactive
- Session 31: WINNERS: Try New Things if Something Is Not Working
LOSERS: Do the Same Things Over and Over
- Session 32: WINNERS: Work from a Plan
LOSERS: Don't Like Being Constrained by Planning
- Session 33: WINNERS: Are Humble
LOSERS: Are Self-Absorbed

Winners Versus Losers

- Session 34: WINNERS: Are Consistent
LOSERS: Are Constantly Changing Direction
- Session 35: WINNERS: Help Others Become Winners
LOSERS: Are Only Interested in Their Success
- Session 36: WINNERS: Are Always Willing to Lead
LOSERS: Are Rarely Willing to Take the Lead
- Session 37: WINNERS: Are Driven to Succeed
LOSERS: Are Dragged into the Action
- Session 38: WINNERS: Are Positive and Believe They Can
LOSERS: Are Negative and Think They Can't
- Session 39: WINNERS: See the Possibility
LOSERS: See the Impossibility
- Session 40: WINNERS: Are Good Listeners
LOSERS: Listen Only to Themselves
- Session 41: WINNERS: Learn from Others
LOSERS: Think They Know Everything
- Session 42: WINNERS: Will Stand on Their Own
LOSERS: Require Constant Approval of Others
- Session 43: WINNERS: Succeed
LOSERS: Fail
- Session 44: WINNERS: Make It Happen
LOSERS: Wait for It to Happen
- Session 45: WINNERS: See Possibilities
LOSERS: See Problems
- Session 46: WINNERS: Never Quit
LOSERS: Quitting Is an Option
- Session 47: WINNERS: Fail a Thousand Times before Succeeded
LOSERS: Quit the First Time They Fail
- Session 48: WINNERS: See Things They Do Not Understand and Get Curious
LOSERS: See Things They Do Not Understand and Get Discouraged
- Session 49: WINNERS: Earn Respect
LOSERS: Seek Respect

Winners Versus Losers

- Session 50: WINNERS: Hang Out with Winners
LOSERS: Hang Out with Losers
- Session 51: WINNERS: Realize the Harder They Work the Luckier They Are
LOSERS: Just Think Winners Are Lucky
- Session 52: WINNERS: Smile
LOSERS: Frown